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LATE ANEURYSM RELAPSE AFTER MICROSURGICAL TREATMENT OF MIDDLE CEREBRAL ARTERY ANEURYSM: A CASE REPORT AND LITERATURE REVIEW OF TREATMENT OPTIONS

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SUMMARY – Recurrence of intracranial aneurysm after initial microsurgical or endovascular treatment is uncommon. Although the exact etiology remains unknown, recurrent aneurysms may be observed in surgical patients with big and multiple aneurysms, arterial hypertension, non-atherosclerotic cerebrovascular arteriopathies, as well as in those with a familial history of the disease. Such recurrence can occur over a wide period ranging from several months to years after the initial aneurysm treatment. Still, the occurrence delayed by more than 20 years is rather unusual. Herein, we present a case of a 70-year-old female patient who developed late intracranial aneurysm relapse 30 years after successful microsurgical clipping of the middle cerebral artery aneurysm. We also provide a brief review of relevant literature, discussing the etiology and pathophysiology of aneurysm reappearance, as well as different treatment options available. In conclusion, one should always consider the possibility of intracranial aneurysm recurrence regardless of the mode and time of primary surgery. In such a case, a multidisciplinary management approach using flow diverting endovascular techniques is advised in selected patients.

Key words: Aneurysm, intracranial; Late recurrence; Treatment options, microsurgical and endovascular

Introduction

Recurrence of intracranial aneurysm after primary microsurgical or endovascular aneurysm treatment is unusual. The first report of such a relapse appeared in 1964¹. Since then, the possibility of aneurysm recurrence after successful initial treatment has remained

one of the concerns of long-term follow-up. The accurate incidence remains a matter of debate, with annual rates ranging from 0.23% to 4.15%²⁻⁷. It can occur over a wide period ranging from several months to years after successful initial aneurysm treatment^{8,9}. Yet, the occurrence delayed by more than 20 years is rather unusual^{4,7}.

Although the risk of aneurysm recurrence remains vague, several factors such as arterial hypertension, smoking, female gender, aneurysm size and multiplicity, non-atherosclerotic cerebrovascular arteriopathies (fibromuscular dysplasia, inherited collagen disorders),

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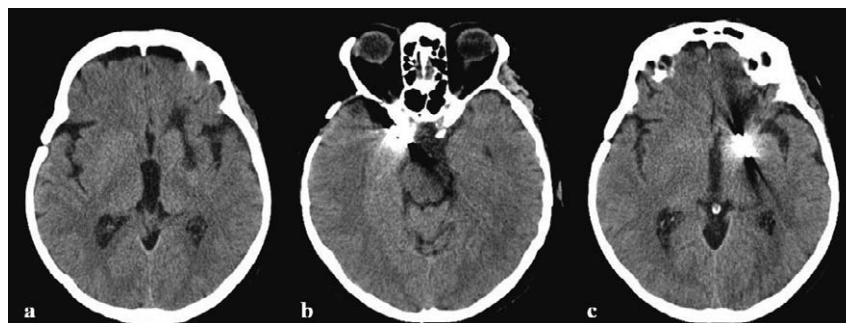


Fig. 1. Axial computed tomography of the brain revealing a hypodense zone and structurally altered parenchyma in the left basal ganglia without signs of acute hemorrhage (a), as well as metal foreign body artifacts from the previous microsurgical clip occlusion of the right internal carotid artery aneurysm (b), and left ruptured middle cerebral artery aneurysm (c).

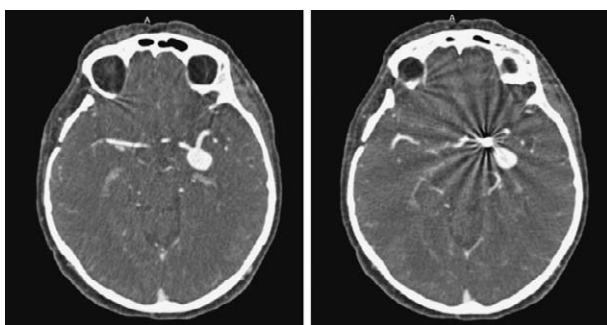


Fig. 2. Axial computed tomographic angiography showing extensive de novo aneurysm formation on M1 segment of the left middle cerebral artery, measuring 16 mm in diameter, after clipping.

and family history of the disease could be associated with its higher prevalence^{4,7,10-12}. However, the pathophysiology of aneurysm relapse, as well as the interaction of various risk factors remain controversial.

Aneurysm recurrence after microsurgical treatment has been reported previously, although neck clipping seemed to be associated with higher rates of complete aneurysm occlusion than various endovascular procedures^{1,13}.

Herein, we report on a case of a 70-year-old female in whom a delayed brain aneurysm relapse occurred 30 years after primary successful microsurgical clipping of the middle cerebral artery (MCA) aneurysm. We also provide a brief review of relevant literature, discussing the etiology and pathophysiology of intracranial aneurysm recurrence, as well as different treatment options available.

Case Report

A 70-year-old female patient was admitted to the hospital due to symptomatic epileptic seizure, loss of consciousness and consequential head trauma. The patient denied previous epileptic symptomatology and had a history of arterial hypertension. She was also a fervent smoker, having a positive family history of the disease, since her first female cousin suffered a ruptured intracranial aneurysm of unknown location and was also operated on.

The patient was diagnosed with multiple intracranial aneurysms 30 years before and underwent surgery due to the left-sided ruptured MCA aneurysm on M1 segment and right-sided supraclinoid internal carotid artery unruptured aneurysm, which were both microsurgically treated by bilateral pterional osteoplastic craniotomy and selective clipping. Her postoperative condition was uneventful and she recovered successfully afterwards.

Following the asymptomatic hiatus of 30 years post-surgery, she suffered an epileptic seizure with a consequential postictal loss of consciousness and minor head trauma. Afterwards, she developed mild right hemiparesis and dysesthesia of the right lower limb, so she was admitted to the hospital.

Following admission, initial computerized tomography (CT) brain scans revealed a hypodense zone and structurally altered brain parenchyma in the left basal ganglia without signs of acute hemorrhage (Fig. 1 a), as well as metal foreign body artifacts (microsurgical

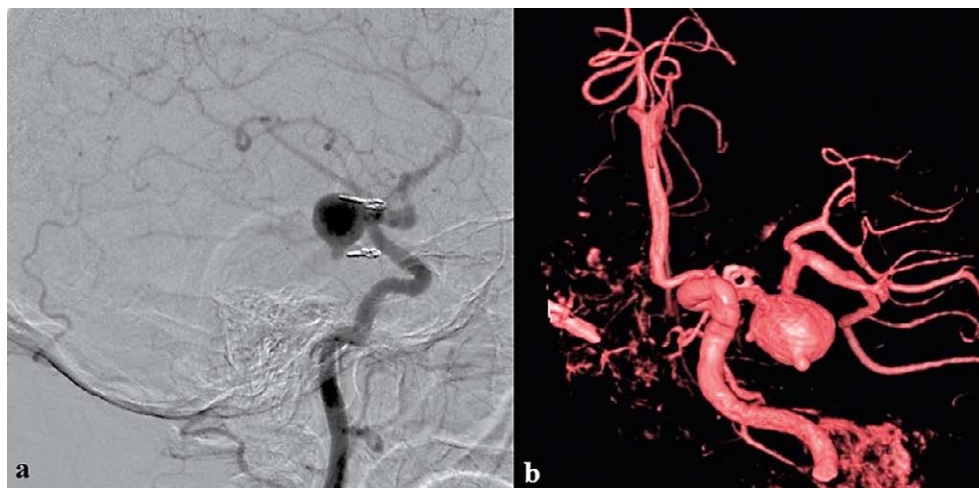


Fig. 3. Cerebral digital subtraction angiography (a), and 3D angiography (b), confirming the aneurysm fundus revascularization after correct placement of two aneurysmal clips.

clips) from previous surgeries (Fig. 1 b, c). Axial CT angiography (CTA) of the cerebral vessels revealed extensive aneurysm recurrence on the M1 segment of the left MCA after the initial clipping, measuring 16 mm in diameter (Fig. 2). The patient underwent left-sided pterional re-craniotomy, aneurysm neck remodeling and additional clip placement.

Early postoperative brain CT revealed a hyperdense zone behind the newly placed clip, indicating mild left-sided hemorrhage in the zone of clipping, which was a concern for pooling of blood. Thus, digital subtraction cerebral angiography (DSA) (Fig. 3 a) and 3D CT angiography (Fig. 3 b) were performed, showing slow filling of the aneurysm sac proximal to the newly placed clip, and confirming the aneurysm fundus revascularization.

Therefore, after pre-procedural antiplatelet dual therapy, the patient underwent endovascular treatment consisting of a novel flow-diverter placement through a 0.017 microcatheter, Silk Vista Baby (SVB), which was positioned throughout the M1 segment of the left MCA. Fluoroscopic post-procedural image confirmed a correct flow diverter position resulting in complete aneurysm occlusion with no signs of further recurrence (Fig. 4).

The patient recovered well, with residual mild right-sided motor weakness. She was thoroughly followed-up both clinically and radiologically, while anti-aggregation therapy was continued for 6 months after the procedure.



Fig. 4. Fluoroscopic post-procedural image after successful placement of Silk Vista Baby flow diverter in M1 segment of the left middle cerebral artery resulting in recurrent aneurysm complete occlusion. Aneurysmal clips from previous microsurgeries are also seen.

At six-month follow-up, brain CT angiograms were performed, showing correctly placed and patent flow diverter in the left M1 segment and patent distal MCA branches, as well as complete aneurysm occlusion with no signs of recurrence (Fig. 5 a, b).

Further scrupulous clinical follow-up and magnetic resonance angiography (MRA) at one year were recommended to exclude possible aneurysm fundus revascularization.



Fig. 5. Control brain computed tomography angiograms in coronal (a) and lateral (b) reformations, performed at six months after endovascular procedure, show correctly placed and patent flow diverter in the left M1 segment, and patent distal middle cerebral artery branches, as well as complete aneurysm occlusion with no signs of recurrence. Aneurysmal clips from previous microsurgeries are also seen.

Discussion

The pathophysiology of cerebral aneurysm formation includes both hemodynamic and oxidative stress. Factors responsible for inducing such stresses are numerous, including carotid artery occlusion, arterial hypertension, cerebral bypass or anatomic variations in the circle of Willis^{10,14,15}, as well as vascular changes (endothelial dysfunction) leading to a defect of the arterial medial wall or elastic lamina. Various degenerative disorders, trauma, heritable connective-tissue diseases (e.g., Ehlers-Danlos syndrome, Marfan syndrome, fibromuscular dysplasia), and autosomal dominant polycystic kidney disease may be involved too¹⁶⁻¹⁸.

Multiple cerebral aneurysms arise in 17%-32% of cases¹⁸⁻²⁰, and they tend to relapse more often than the solitary ones. However, very few patients may grow an entirely new (*de novo*) intracranial aneurysm after a successful initial management during a long-term follow-up²⁰, although an association between multiple aneurysms and *de novo* aneurysm formation has been reported^{21,22}.

Aneurysm recurrence/*de novo* formation may occur after initial treatment at bifurcation of basal intracranial arteries due to the specific mechanical stress and/or incomplete primary occlusion²³. Several factors such as aneurysm bigger size, complex shape, multiplicity, and unfavorable location, as well as younger age, female gender, smoking habits, and family history of the

disease could be associated with the higher prevalence of aneurysm relapse^{4,7,10,11,24,25}.

Smoking is a well-known risk factor of aneurysm formation and recurrence due to its tendency to cause an elastase and alpha antitrypsin imbalance, which can increase the effects of hemodynamic stress on aneurysm wall¹⁰. Even though there is no clear explanation, female gender is a prominent risk factor for such formation and recurrence due to the evident high female to male ratio of 5:1²¹. Previously, it has been shown that patient age as an independent risk factor plays an important role, since younger age at first aneurysm diagnosis was significantly associated with aneurysm recurrence²⁶. In addition, substantial predictors of procedural complications and recurrence are neck incomplete occlusion, arterial hypertension, and diabetes²⁷. However, the exact common interaction of all these factors of relapse remains unknown. Accordingly, our female patient with a big MCA aneurysm relapse was a fervent smoker with a history of arterial hypertension, although she was not very young at the first presentation, having positive family history of the disease. She was also harboring multiple aneurysms at initial presentation.

When MCA aneurysm is concerned, microsurgical clipping remains the choice of primary treatment, having improved overall efficacy of complete occlusion²⁸. However, since a recurrence may still occur, the best modality for aneurysm retreatment continues to be

controversial²⁹. Therefore, recurrent aneurysms frequently require a tailored individual approach, as well as close collaboration and mutual efforts of interdisciplinary team consisting of a neurosurgeon and neuro-interventionist/radiologist to enhance aneurysm treatment²³. Hence, the management of our patient was a fine example of such a team work.

A broad armamentarium of diverse endovascular procedures is currently available³⁰. To attain the appropriate reconstruction of the parent artery after aneurysm relapse following prior microsurgical clipping, flow-diverting stents such as a microcatheter-delivered Pipeline embolization device are increasingly in use, delivering a high rate of complete occlusion with minimal morbidity^{27,29,31}. Hence, this method has become contemporary choice for the management of certain intracerebral aneurysms, including those that relapse³². However, the particular suitability of flow diverting has to be individually justified, taking into account the aneurysm geometry, procedure risk and experience of the personnel³².

The Pipeline for Uncoilable or Failed Aneurysms trial demonstrated that occlusion rates for both flow diversion and microsurgical clipping are almost the same at long-term follow-up³³. Considering our patient, we used the new low-profile SVB flow diverter, which was proved feasible and technically safe, providing complete occlusion of the relapsed aneurysm³⁴.

Although aneurysm recurrence has been reported to appear during a period ranging from several months to years following successful treatment^{4,7-9}, the occurrence delayed by more than 20 years is rather unusual. Therefore, we believe that the extended period of 30 years between the initial surgery and aneurysm relapse found in our patient is a rare event. Considering this, the need for a routine long-term follow-up has been controversial. Several studies proposed continuing screening for aneurysm recurrence/*de novo* formation in all patients diagnosed with intracranial aneurysms^{3,7,22,35}. Other studies proposed screening only in patients with a history of previous subarachnoid hemorrhage, hypertension, smoking, and multiple aneurysms³⁶. On the contrary, based on less than 2% annual risk of aneurysm relapse, some studies do not advocate continuous follow-up at all²¹. Still, screening at 5, 10, and 20 years could detect 31%, 64% and 96% of aneurysm relapses, respectively, which warrants lifelong surveillance after clipping^{7,37}. Therefore, we support

routine screening, which is recommended for microsurgically treated aneurysms in spite of a very low risk of postoperative residuals after complete aneurysm clipping^{37,38}.

In conclusion, aneurysm recurrence is uncommon, but it can be found up to 20 years after the initial aneurysm occurrence and treatment. In our patient, delayed aneurysm relapse occurred 30 years after successful microsurgical clipping. Accordingly, one should always consider the possibility of intracranial aneurysm recurrence regardless of the mode and time of primary surgery. In such a case, it seems that a multidisciplinary management approach using flow diverting endovascular techniques currently is the best method advised in selected patients. To support our conclusions, additional evaluation of this objective on a wider sample and a systematic literature review are needed.

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Sažetak

KASNI NASTANAK RECIDIVIRAJUĆE ANEURIZMATSKE TVORBE
NAKON MIKROKIRURŠKOG LIJEČENJA ANEURIZME SREDNJE MOŽDANE ARTERIJE:
PRIKAZ SLUČAJA I PREGLED LITERATURE O MOGUĆNOSTIMA LIJEČENJA

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Kasni nastanak recidivirajuće intrakranijske aneurizmatske tvorbe nakon mikrokirurškog liječenja je neuobičajen. Iako točna etiologija ostaje nepoznata, recidiv aneurizme može nastati u kirurških bolesnika s velikim i višekratnim aneurizmama, arterijskom hipertenzijom, neaterosklerotičkom cerebrovaskularnom arteriopatijom, kao i onih s obiteljskom anamnezom u povijesti bolesti. Recidivirajuća se aneurizma može očitovati tijekom dužeg razdoblja, u rasponu od nekoliko mjeseci do nekoliko godina nakon inicijalnog liječenja. Ipak, kasni nastanak aneurizme u vremenu dužem od 20 godina prilično je rijedak. U ovom radu prikazujemo slučaj 70-godišnje bolesnice s recidivirajućom aneurizmom srednje moždane arterije nastalom 30 godina nakon uspješnog mikrokirurškog liječenja. Također donosimo kratak pregled relevantne literature koja govori o etiologiji i patofiziologiji nastanka recidivirajuće aneurizme, kao i o različitim raspoloživim mogućnostima liječenja. Zaključujemo kako uvijek treba voditi računa o mogućnosti nastanka recidivirajuće intrakranijske aneurizme neovisno o načinu liječenja i vremenu proteklom od prvobitnog kirurškog zahvata. U ovakvom se slučaju preporuča multidisciplinarni pristup primjenom metode endovaskularnog preusmjerenog protoka kao najprimjerenije suvremene tehnike u odabranih bolesnika.

Ključne riječi: *Aneurizma, intrakranijska; Kasni recidiv; Liječenje, mikrokirurško i endovaskularno*