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LARGE ANEURYSM OF BASILAR ARTERY TIP MIMICKING MIDBRAIN TUMOR AND CAUSING UNILATERAL OBSTRUCTIVE HYDROCEPHALUS: A CASE REPORT AND TECHNICAL NOTE

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SUMMARY – Cerebral ventricular system is a sporadic location of intracranial aneurysms including those of basilar artery tip. Treatment of such aneurysms remains challenging regardless of endovascular or microsurgical techniques applied. Basilar tip aneurysm presenting as third ventricular mass is rarely associated with obstructive hydrocephalus, mimicking midbrain expansive process and urging precise diagnostics and prompt treatment. Hence, the management of such patients may be delicate, having an uncertain outcome. We report on a case of a patient with unilateral hydrocephalus caused by large basilar tip aneurysm mimicking a midbrain tumor. We also discuss different operative strategies influencing the outcome, including our own endovascular treatment technical modification. A 62-year-old female patient presented with slightly decreased cognition, minor gait disturbances and urinary incontinence. Computed brain tomography revealed a third ventricle mass with unilateral ventricular dilatation, indicating hypertensive obstructive hydrocephalus. Magnetic resonance and digital subtraction angiography identified the third ventricular mass as a large saccular basilar tip aneurysm. The patient was selected for endovascular treatment followed by cerebrospinal fluid derivation. After aneurysm endovascular occlusion and temporary external ventricular drainage, the symptoms diminished and ventricular dilatation decreased. On post-procedure day 10, the hydrocephalus was relieved and external drainage removed. The patient recovered fully and was discharged without neurological deficit. In conclusion, large basilar tip aneurysms associated with obstructive hydrocephalus are rare and best treated by a combination of endovascular obliteration and cerebrospinal fluid ventricular diversion. The possibility of such an aneurysm should always be considered on the differential diagnosis of cerebral ventricular growths.

Key words: *Basilar tip aneurysm; Obstructive hydrocephalus; Endovascular treatment; Ventricular drainage*

Introduction

Cerebral ventricular system is a rare location of intracranial aneurysms. Most ventricular aneurysms arise from a distal branch of choroidal arteries and ma-

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major branches of the circle of Willis¹, including basilar artery (BA). Treatment of basilar apex aneurysms, which constitute 5%-8% of all intracranial aneurysms, remains challenging and demanding regardless of endovascular or microsurgical techniques applied².

Basilar artery tip aneurysms presenting as third ventricular masses are most uncommon^{3,4}, and they are rarely associated with obstructive hydrocephalus. However, when there is such an association, the rise of intracranial pressure (ICP) is always present, mimicking midbrain expansive process and commending precise diagnostics and urgent treatment. Under this con-

dition, reducing intracranial hypertension by ventricular shunting may produce further aneurysmal growth and even increase the threat of aneurysmal rupture⁵. Therefore, the management of such patients may be delicate, having an uncertain outcome.

Hereby, we report on a case of a female patient with right-sided unilateral obstructive hypertensive hydrocephalus produced by a non-ruptured, partly thrombosed large BA tip aneurysm with a compressive effect on the third ventricle floor, foramen of Monro, and mesencephalic structures, mimicking a midbrain tumor. We also provide a technical note on our own modified endovascular procedure and discuss different operative techniques available, which may influence outcomes to the great extent.

Case Report

A 62-year-old female patient presented with slightly decreased cognitive skills. Besides minor gait disturbances and partial urinary incontinence, no major motor weakness or other neurological deficit was found at hospital admission.

Native and contrast-enhanced axial computed tomography (CT) of the brain revealed a hyperdense solid expansive mass at the foramen of Monro of the third ventricle with one-sided dilatation of the right lateral ventricle and periventricular effusion, indicating a hypertensive obstructive unilateral hydrocephalus (Fig. 1). Magnetic resonance angiography (MRA) and supra-selective digital subtraction angiography (DSA) of the cerebral vessels identified the third



Fig. 1. Axial computed tomography of the brain revealing a hyperdense expansive solid mass in the third ventricle with one-sided dilatation of the right lateral ventricle and periventricular effusion.



Fig. 2. Magnetic resonance angiography of the cerebral vessels in axial (a), coronal (b), and sagittal reformations (c), identifying the third ventricular mass lesion as a large saccular basilar tip aneurysm measuring 17 mm in diameter.

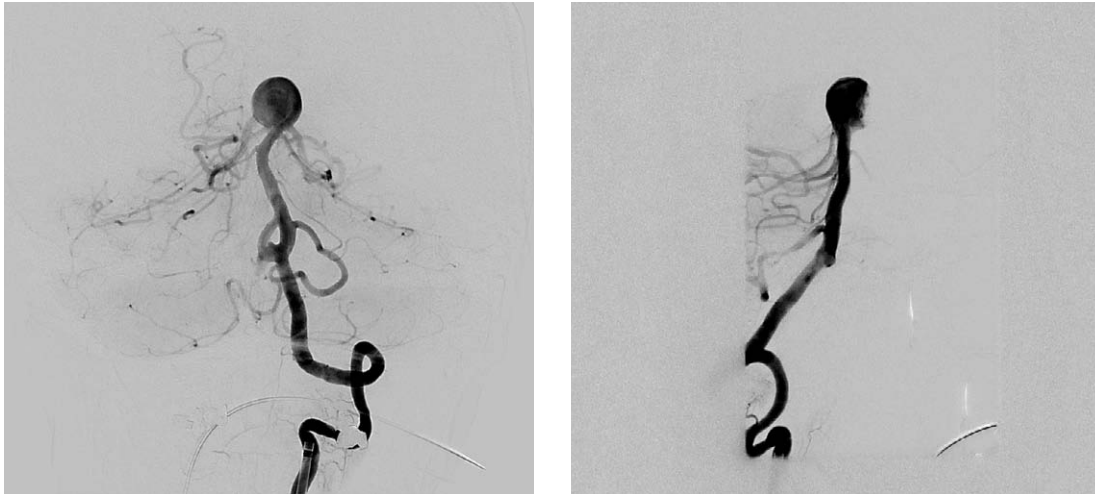


Fig. 3. Supra-selective cerebral digital subtraction angiography in anterior-posterior (a), and latero-lateral projection (b), depicting a large saccular aneurysm of basilar artery apex with partially thrombosed fundus.

ventricular mass lesion as a large saccular basilar tip aneurysm measuring 17 mm in diameter (Fig. 2a-c; Fig. 3a,b).

The patient was selected for endovascular treatment followed by cerebrospinal fluid (CSF) derivation. After aneurysm coil occlusion and temporary external ventricular drainage (EVD), the symptoms immediately diminished and ventricular dilatation decreased (Fig. 4; Fig. 5a,b; Fig. 6). A modification of the 'gold' standard in the treatment of wide-neck aneurysms with balloon remodeling (firstly described by Moret *et al.* in 1997) was applied⁶. This relatively novel technique for protecting/remodeling the aneurysm neck and preserving both posterior cerebral arteries (PCA) consists of Y-Comaneci/balloon configuration, which narrows the effective neck and straightens the vascular bifurcation angle^{7,8}. Similar technique but with double Comaneci device was described by Sirakov *et al.* in 2018⁹. A balloon catheter was placed in P1 segment of the right PCA, while a Comaneci bridging device was positioned in P1 segment of the left PCA, thus ensuring both P1 segments to stay open and at least one cerebellar hemisphere to remain constantly/sufficiently blood-supplied, since both the posterior communicating arteries (PComs) were lacking (Fig. 4). Then, a microcatheter was placed in the aneurysmal sac, which was packed with 15 coils (Fig. 5a,b). No additional devices (stents/flow diverters) were used to avoid the need for double antiplatelet therapy.



Fig. 4. Cerebral digital subtraction angiography in anterior-posterior projection depicting a balloon sceptor XC catheter placed into P1 segment of the right posterior cerebral artery (PCA) and Comaneci bridging device placed into P1 segment of the left PCA, together with microcatheter in the aneurysmal sac.

Native brain axial dynamic CT scanning performed immediately after the endovascular procedure confirmed correctly placed external ventricular catheter in the frontal horn of the right lateral ventricle, away from the coiled BA aneurysm fundus (Fig. 6). Follow-up CT brain scanning performed on day 10

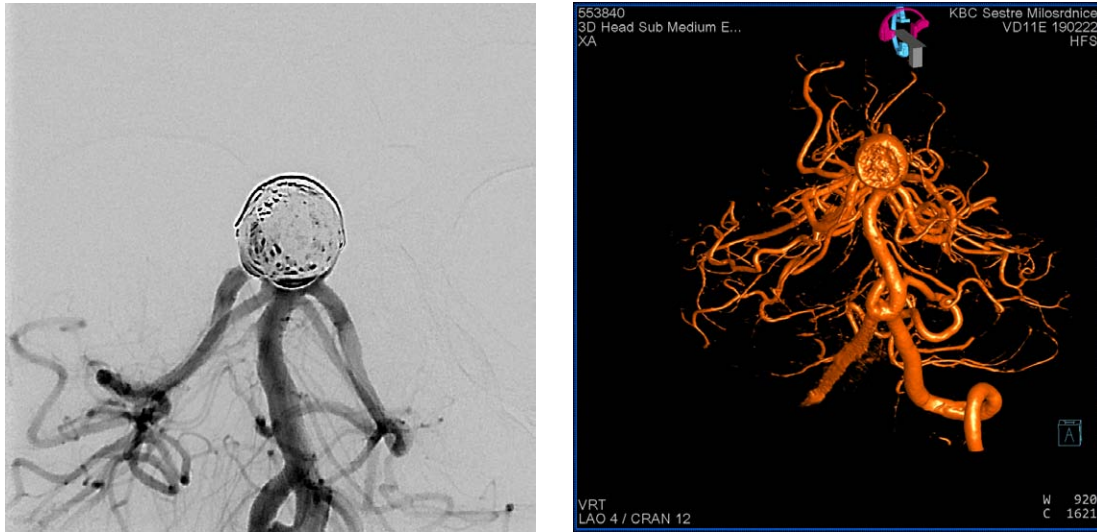


Fig. 5. Supra-selective cerebral digital subtraction angiography (a), and 3D angiography (b) after endovascular occlusion of the aneurysm sac packed with 15 coils and supported by Y-Comaneci/balloon configuration.



Fig. 6. Dynamic brain axial computed tomography performed immediately after the endovascular procedure, confirming correctly placed external ventricular catheter away from the coiled basilar artery aneurysm fundus.

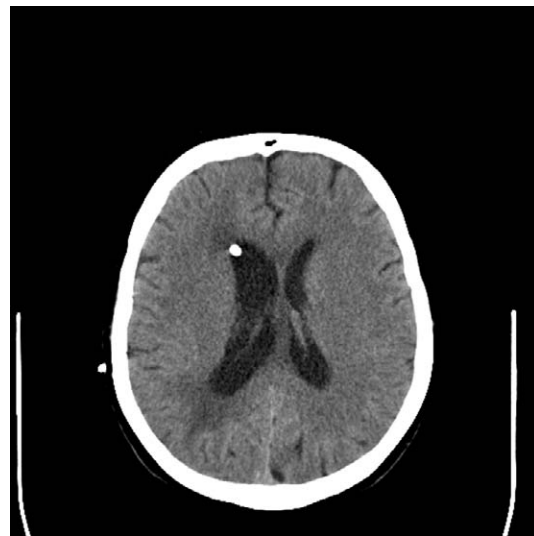


Fig. 7. Native axial brain computed tomography performed 10 days post-procedure showing correctly placed catheter in the frontal horn of the right lateral ventricle and retrieving dynamics of hydrocephalus with markedly decreased ventricular dilatation and periventricular effusion, as well as slightly present midline shifting in the recovery phase.

post-procedure confirmed the retrieving dynamics of hydrocephalus with noticeably decreased ventricular dilatation and periventricular effusion (Fig. 7).

Regular CSF specimens were obtained to check CSF parameters of possible intrathecal infection, which were all negative. On day 10 following the pro-

cedure, the EVD was removed. Afterwards, the patient recovered fairly and was discharged without any neurological deficit. A meticulous clinical and radiological follow-up with brain CT scanning and MRA at one

month was advised to monitor ventricular dimensions and possible aneurysm recurrence, in which case the additional stenting/flow diverting would be needed.

Discussion

Posterior circulation aneurysms account for 10%-20% of all intracranial aneurysms. The most common site of origin for such aneurysms is the basilar tip, followed by the posterior inferior cerebellar artery (PICA)^{10,11}. Basilar apex aneurysms constitute 5%-8% of all intracranial aneurysms, and their treatment remains challenging for both microsurgical and endovascular approaches², due to their demanding location and specific morphology. Since they are frequently wide-necked, endovascular stent-assisted coiling or balloon remodeling are often required^{6,12}.

The literature concerned with development of obstructive hydrocephalus caused by giant/large BA tip aneurysm is scarce and only a few case report/small case series have been described so far^{3-5,13-16}. The clinical and radiological signs, as well as the differential diagnostic considerations have been addressed^{13,16}. However, there was no universal management option for this rare and delicate condition proposed. The selection of various treatment strategies was mainly aimed at aneurysm obliteration and CSF diversion to decrease ICP and to relieve the mass effect. These different strategies, including external temporary ventriculostomy, ventriculo-peritoneal (V-P) shunting, or endoscopic third ventriculostomy (ETV), together with aneurysm clipping or coiling¹⁷⁻²⁰, have brought diverse outcomes that were not always favorable. Considering this, it seems that EVT is a safe and effective alternative to V-P shunting in selected patients¹⁷⁻¹⁹, particularly in cases where a sufficient space for the surgical procedure is present in the prepontine cistern¹⁹. Simultaneously, direct microsurgical clipping of most BA apex aneurysms can be performed with acceptable rates of morbidity in high-volume and well-equipped centers^{2,10,21}. However, endovascular treatment has taken a larger role in the management of BA tip aneurysms^{2,20}, where coil embolization, as well as flow disruption and stenting remain optimal techniques. Yet, the difficulties in obtaining complete and stable endovascular occlusion are still present, particularly for wide-neck aneurysms with complex geometry²². Nonetheless, patients with BA apex aneurysms

are more likely to be treated by endovascular management, but they have higher recurrence rates when compared with those treated microsurgically²¹. Because of that, Y-configuration balloon-assisted stent coiling, and different bridging expedients, such as the Comaneci device, are advised to induce cerebrovascular remodeling, preserve bilateral PCAs, ensure adequate cerebellar blood supply, and support aneurysm coiling occlusion^{6-9,22-24}.

Having in mind all the above and the specific clinical condition of our patient requiring rapid decision-making, we opted for temporary EVD preceded by endovascular aneurysm coiling supported by balloon catheterization and aneurysm neck bridging. Finally, we removed the EVD when hydrocephalus was relieved. Such a treatment strategy brought a favorable short-term outcome for our patient.

In conclusion, giant/large basilar tip aneurysm associated with obstructive hydrocephalus is a rare condition that is best treated by a combination of aneurysm endovascular coil obliteration and CSF diversion due to its complex geometry and underlying pathology. The possibility of such BA aneurysm should always be considered on the differential diagnosis of third ventricular growths producing a mass effect. Ventricular CSF drainage is a prerequisite for further successful treatment and satisfactory outcome. A broad armamentarium of different endovascular techniques including balloon and stent-assisted coiling and neck bridging for this wide-neck aneurysm occlusion is on disposal now.

Obviously, further extensive reading and systematic review of the literature are necessary to support our conclusion.

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Sažetak

VELIKA ANEURIZMA VRŠKA BAZILARNE ARTERIJE PREDSTAVLJENA
KAO MEZENCEFALIČNI TUMOR I UZROK JEDNOSTRANOG OPSTRUKCIJSKOG HIDROCEFALUSA:
PRIKAZ SLUČAJA I TEHNIČKA NAPOMENA

V. Kalousek, B. Splavski, V. Beroš, B. Čulo, F. Vrban, A. Rotim i K. Rotim

Intrakranijske su aneurizme smještene unutar ventrikulskog sustava rijetke, uključujući one vrška bazilarne arterije. Njihovo je liječenje izrazito zahtjevno, neovisno o primijenjenoj endovaskularnoj ili mikrokirurškoj tehnici. Aneurizme bazilarnoga vrška koje se očituju kao ventrikulska ekspanzivna tvorba u području mezencefalona rijetko su povezane s razvitkom opstruktivnog hidrocefalusa, što zahtijeva preciznu dijagnostiku i žurno aktivno liječenje. Postupak je liječenja u ovakvih bolesnika iznimno složen, a ishod neizvjestan. U ovom radu opisujemo slučaj bolesnice s jednostranim hidrocefalusom uzrokovanim velikom aneurizmom bazilarnoga vrška, koja se diferencijalno dijagnostički očitovala kao mezencefalični tumor. Također raspravljamo o različitim mogućnostima operacijskog liječenja od utjecaja na ishod, uključujući i vlastitu tehničku modifikaciju endovaskularnog zahvata. Bolesnica u dobi od 62 godine zaprimljena je zbog blago sniženih kognitivnih sposobnosti, manjeg poremećaja u hodu i urinarne inkontinencije. Kompjutorska tomografija mozga upućivala je na ekspanzivnu tvorbu područja treće klijetke s jednostranim proširenjem postranične klijetke i posljedičnim hipertenzivnim hidrocefalusom. Magnetna rezonancija i digitalna suptrakcijska angiografija razotkrile su ekspanzivnu tvorbu kao veliku sakularnu aneurizmu bazilarnoga vrška. Bolesnica je podvrgnuta endovaskularnom liječenju sa susljednom derivacijom cerebrospinalnoga likvora. Simptomi i proširenje postranične klijetke su se umanjili nakon učinjene endovaskularne okluzije i privremene izvanjske ventrikulske drenaže. Desetog dana od operacije hidrocefalus se u cijelosti povukao pa je izvanjska drenaža uklonjena. Bolesnica se je u potpunosti oporavila te je otpuštena bez neurološkog ispada. Zaključujemo kako su aneurizme bazilarnoga vrška udružene s opstruktivnim hidrocefalusom rijetke i kako ih je najpovoljnije liječiti kombinacijom endovaskularnog postupka i likvorske ventrikulske derivacije. Na mogućnost nastanka ovakve aneurizme treba uvijek pomisliti u diferencijalnoj dijagnostici cerebralnih ventrikulskih tvorba.

Ključne riječi: *Aneurizma bazilarnoga vrška; Opstruktivski hidrocefalus; Endovaskularni postupak; Ventrikulska drenaža*